



**JUDESIO  
AKADEMIJA**

Movement Academy



# INVITATION

TRAINING WORKSHOP **NMES\***  
IN SPORT AND SPORT MEDICINE

Advance Course | 6-April-2018



## HEIKO VAN VLIET

IS WORLD'S **LEADING NMES** TRAINING PROVIDER,  
AND MORE THAN 30 YEARS WORKING WITH  
TOP-LEVEL ATHLETES.

Can we really **improve** athletic performance  
using **NMES** and if so, **HOW....**

Heiko van Vliet